

23 25 27 29 33 33 35 37 39 4 43 45

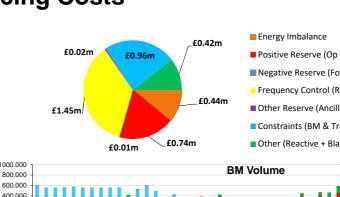
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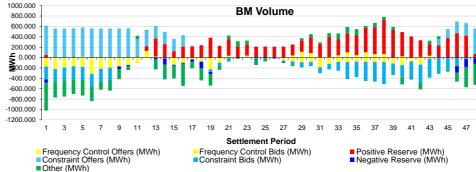
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- Negative Reserve (Footroom)
- Frequency Control (Response + Fast Reserve)
- Other Reserve (Ancillary Costs Only)
- Constraints (BM & Trades only)
- Other (Reactive + Black Start + BM & AS General)



## Commentary

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The market was long until 04:00, then predominantly short for the remainder of the day, except some short periods between 07:00-08:00, 08:30-10:00 and 20:30-21:30. No trades were required for Margin or Downward Regulation. Trades helped to manage thermal constraints in the South of England during the early hours. BM Actions then helped to manage thermal constraints in Scotland from later in the morning onwards. Trades and BM Actions supported Voltage Control and further BM Actions supported System Inertia.