



## tional Energy stem Operator £0.03m\_ £0.04m Energy Imbalance Positive Reserve (Op Res + STOR) £0.60m Negative Reserve (Footroom) £1.53m Frequency Control (Response + Fast Reserve) Other Reserve (Ancillary Costs Only) -£0.59m Constraints (BM & Trades only) £0.07m L£0.39m Other (Reactive + Black Start + BM & AS General) 800.000 **BM Volume** 600.000 400.000 200.000 f 0.000 200.000 -400.000 -600.000 -800.000 -1000.000 1 3 5 7 9 11 13 15 17 19 21 23 25 27 29 31 33 35 37 39 41 43 45 47 Settlement Period Frequency Control Offers (MWh) Constraint Offers (MWh) Frequency Control Bids (MWh) Constraint Bids (MWh) Positive Reserve (MWh) Negative Reserve (MWh) Other (MWh)

## Commentary

The market was alternating between long and short throughout the day. No trades were required for Margin or Downward Regulation.

BM Actions helped to manage thermal constraints in Scotland during early hours of the day.