





## Commentary

The market was mostly long throughout the day. Overnight, interconnectors were traded for downward regulation. In the evening around 300MW of STOR were required to chase the demand profile.

During the night, the voltage levels were regulated with trades on generating units, and RoCoF was secured with multiple trades on interconnectors and with some BM actions. Multiple trades on the interconnectors were also required for most of the day to solve power flow restrictions in the South of England.